

SPARKS!!! It takes a spark to make lightning!

***Do you have a 4-6 year old who is ready to learn to swim?
If you answered yes, then Sparks is the group for you!!***

REGISTRATION WILL OPEN ON FRIDAY 3/1/24 at 8 AM

The Sparks program is a non-competitive, group lesson program offered for 4-6 year olds. Sparks is for swimmers who have had little or NO swim lessons and is meant to be a positive introduction to a group swim lesson experience.

Each Sparks class includes games, stroke development and water safety. The main goal of the Sparks program is to provide beginning swimmers with basic safety skills and develop confidence in the water. We hope that all our Sparks will be ready to move to the Lightning 6 & Under group the following season.

Our Sparks program concludes with a fun Sparks Meet! This is a great confidence builder and a fun way to celebrate the skills they have learned. All Sparks will participate in coach supported kickboard and pool noodle races and receive a medal and a treat.

To be eligible for the Sparks group, participants should be 4-6 years old and able to listen and follow directions. Coaches will be in the water with our Sparks to help them gain confidence in a safe, fun and supportive environment.

Sparks participants are official members of our swim team and will receive the team shirt. They are encouraged to come to other team activities including the Monday night Pep Rallies, Swim for Cancer events and the Wednesday morning Donut practices (please see the team calendar for more information on these events).

We will limit the Sparks program to 20 swimmers. ***If you would like to register, please email Coach Katherine (coachkatherine@ljclub.com) on FRIDAY 3/1 starting at 8 AM.*** Registration spaces will not be held prior to 8 AM on FRIDAY 3/1. Spaces will fill up very quickly!

2024 SPARKS Practice Schedule:

Monday, Wednesday, and Friday 4:00pm - 4:30pm at Turnstone

Sparks Practice Dates: 6/10, 6/12, 6/14, 6/17, 6/19, 6/21, 6/24, 6/26, 6/28 (meet)